

*Support Deeper Change.
Empower Lasting Wellness.*

PSYCH-K® Basic Workshop

A powerful complementary approach to
support your clients and your practice.

ADDRESS THE ROOTS BEHIND THE PATTERNS. SUPPORT WHOLE-PERSON WELLNESS.

As practitioners, you know that lasting change often involves more than the body. Limiting beliefs, stress responses, and subconscious patterns can influence how clients think, feel, and respond—impacting their ability to heal and live their best lives.

PSYCH-K® is a gentle yet powerful process that helps identify and transform limiting beliefs at their source—empowering your clients to create meaningful, lasting change from the inside out.

**Enhance your practice. Support deeper change.
Experience PSYCH-K® for yourself.**

IN THIS WORKSHOP, YOU WILL:



Understand how subconscious beliefs influence stress, health, behaviors, and client outcomes



Learn a simple, effective process to identify and change limiting beliefs at the subconscious level



Experience how PSYCH-K® can complement your existing services and support whole-person wellness



Gain practical tools you can use personally and integrate with confidence in your practice

EXPAND YOUR
TOOLKIT.
ELEVATE YOUR
IMPACT.



DATES:

**November
6th – 8th**

Three life-changing days
that can transform
everything.



LOCATION:

St. Louis, MO



VENUE:

TBD

Details and location
will be provided upon
registration.

When beliefs shift, healing happens. Potential is unlocked.



FACILITATOR

Steve Roehr

Self-Sovereignty.com



Empowering you to create
freedom in your mind,
your life, and your world.



CERTIFIED INSTRUCTOR

Robin Graham

PSYCH-K®



*Free
Your
Mind*

Transform Your Life



QUESTIONS OR CONTACT:

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LEARN MORE & REGISTER:

[www.self-sovereignty.com/
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Equip yourself. Empower your clients. Elevate your practice.

